

# VERWOODIANS ON WASTE

## LOCALLY AVAILABLE PLASTIC FREE PRODUCE

<b>Almond &amp; Co</b>	75 Poole Rd, <b>Westbourne</b> , Bournemouth BH4 9BB	
<b>Bare Necessities Dorset</b>	10a South St, <b>Wareham</b> BH20 4LT	
<b>Cariad wholefoods</b>	8 Barnack Walk, East Street <b>Blandford Forum</b>	
<b>Dorset and Hampshire Organic Market</b>	A mobile market	Around the Christchurch area and outside Timber in Ringwood every TUESDAY from 9am fruit & veg
<b>Earth Foods</b>	75 Southbourne Grove, <b>Southbourne</b> , Bournemouth BH6 3QU	Loose veg. Organic options.
<b>Eco Natural Products</b>	312 Ashley Rd, <b>Poole</b> BH14 9DF	
<b>Food on the Loose</b>	1050 Christchurch Rd, <b>Bournemouth</b> BH7 6DS	<a href="https://www.foodontheloosebournemouth.co.uk">https://www.foodontheloosebournemouth.co.uk</a>
The Green Gram	Was mobile shop Gardners waste.  Soon to be based in Fordingbridge TBC	<a href="https://www.thegreengram.org/">https://www.thegreengram.org/</a>  Selection of refill items, food, laundry, cleaning etc
<b>Gullivers Farm</b>	Station Rd, <b>West Moors</b> , Ferndown BH22 0JG	<a href="https://gulliversfarmshop.co.uk">https://gulliversfarmshop.co.uk</a>  Selection of their own grown veg and eggs, other items are locally sourced.  Small refill section including Fieldfare frozen items, herbs and spices, and the amazing peanut butter machine

<b>Lantern Community</b>	Folly Farm Ln, St Ives, <b>Ringwood</b> BH24 2NN	Organic café, local crafts. Organic food and beauty products. Own bakery. <a href="https://www.lanterncommunity.org.uk/the-shop-cafe">https://www.lanterncommunity.org.uk/the-shop-cafe</a>
<b>Local Farm Shops</b>		<a href="https://www.bigbarn.co.uk/places/Dorset/Wimborne/Farm-Shop/Farm">https://www.bigbarn.co.uk/places/Dorset/Wimborne/Farm-Shop/Farm</a>
Roebridge (was longs)	14 Meeting House Ln, <b>Ringwood</b> BH24 1EY	Loose fruit and vegetables. Refills available of dried produce.  Other Stores: Winton, Broadstone, Eastleigh, Parkstone, Portswood, Romsey Also at Dorchester and Wimborne markets
Love 2 Refill	Unit 7, hightown industrial estate, crow arch lane, Ringwood, Hampshire, BH24 1ND	Zero waste and Refill shop in Ringwood
<b>Love to B</b>	The Furlong Shopping Centre, <b>Ringwood</b> BH24 1AT	Home-made, eco-friendly skin care products <a href="https://www.lovetob.co.uk/">https://www.lovetob.co.uk/</a>
<b>Our Planet Zero Waste</b>	Mobile – <b>Poole</b> Region	<a href="https://www.ourplanetzerowaste.co.uk/where-to-find-us">https://www.ourplanetzerowaste.co.uk/where-to-find-us</a>
<b>Pamphill Dairy Farm</b>	Pamphill, <b>Wimborne</b> , BH21 4ED	Milk dispenser, loose fruit and veg
<b>Pets Corner</b>	5 Darby's Lane <b>Poole</b> BH15 3ER	Loose "bic & mix" for pets
<b>Spill The Beans</b>	6A & 7 West St, <b>Wimborne Minster</b> BH21 1JN	Loose dried food and a great many products in plastic free packaging. Various soap and laundry detergent refills. <a href="http://spillthebeanswimborne.co.uk/">http://spillthebeanswimborne.co.uk/</a>
<b>St Giles Community Fruit and Vegetable farm and market</b>	Market stall outside of Lantern Shop Folly Farm Lane Lantern every Wednesday.	<a href="https://st-giles-community-farm-market-stall.business.site/">https://st-giles-community-farm-market-stall.business.site/</a>
<b>Sunrise Organics</b>	9 St Michael's Rd, Bournemouth BH2 5DP	
<b>TD Fruits</b>	Southbourne. Mostly plastic free green grocer	
<b>The Naked Pantry</b>	Westcroft Parade, 3, New Milton BH25 6JG	Zero waste and refill shop
<b>The Refill Store Wimborne</b>	41b East Street, BH21 1DX Wimborne	Inside the Hungry Bird Deli

<b>Timber Ringwood</b>	5 Star Ln, Ringwood BH24 1AL	Organic fruit and vegetables. Refill dried products. Eco paint. Organic baby products. <a href="https://sites.google.com/site/timberandloveorganic/">https://sites.google.com/site/timberandloveorganic/</a>
<b>Two Rivers Refill</b>	The Saxon Centre, 2 The Saxon Centre, Christchurch BH23 1QN	Zero waste and refill shop
Naked by the River	10 East Street Wimborne Minster Dorset, BH21 1DS	Zero waste and refill shop

## HOME DELIVERIES

<b>Avon Organics</b>	Local company. Products are all organic. Locally grown/sourced food where possible. Home delivery available. Meat, vegetables, bread, eggs etc. Vegetable stall at Verwood Market every Friday morning 9.30am-12 noon. <a href="http://www.avonorganics.co.uk/">http://www.avonorganics.co.uk/</a>
<b>Food e-box</b>	Local company. Not organic but uses locally sourced food where possible. Home delivery. Meat, vegetables, bread, eggs etc can be ordered. Orders can be personalised. <a href="https://www.thefood-ebox.co.uk/">https://www.thefood-ebox.co.uk/</a>
<b>Milk and More</b>	Home delivery of milk...and more, bread, vegetables etc. <a href="https://www.milkandmore.co.uk/">https://www.milkandmore.co.uk/</a> Deliveries to your door by 7am each day.
<b>Riverford</b>	Not local but regular weekly deliveries to our area. Organic food. Meat, vegetables, bread and eggs can be ordered. <a href="https://www.riverford.co.uk/aboutus/">https://www.riverford.co.uk/aboutus/</a>